



# Barmedman Public School

## “BPS Bulletin”



We wish all our fathers in the school community a HAPPY FATHERS DAY.

We hope you have a brilliant day on Sunday 5<sup>th</sup> September.

We hope you get super spoilt!

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**Our Motto: Desire to do well**

## Learning from Home

Thankyou to all in our school community for the work you are doing during these difficult times. Please take some time to look after yourself and your families wellbeing as top priority.

For now, the DOE has confirmed the current lockdown restrictions will until at least Friday 10<sup>th</sup> September.

Learning packs are available for pickup at the school from 10am Mondays. Please call the school should you need any additional items and we will help the best we can.

### Updated advice for families Level 4 schools

Updated advice for families Level 4 schools Parents and carers in areas under stay-at-home rules must keep children across primary and secondary school at home unless they need to be at school. Schools will have minimal supervision on site for those students who cannot be educated at home, for example if their parent or carer is an essential worker.

Stay-at-home rules also apply for all regional NSW from 5 pm 28th August 2021. These orders replace existing orders for regional NSW.

#### A reminder for all families

Students must not attend work or school if unwell, even with mild symptoms of COVID-19.

Any person with any COVID-19 symptoms must be sent home and not return to school unless:

- they have isolated for 10 days, when no medical certificate is available
- they have a negative COVID-19 test result and are symptom free.

In circumstances where children have other medical reasons for recurrent symptoms, a letter from their GP is sufficient to negate the requirement for a negative test.

Anyone who is unwell with COVID-19 symptoms is strongly encouraged to get tested and self-isolate until a negative result is received. Find your local testing clinics.

#### Guidelines for remote learning success

Follow your normal routine

Support your child to eat breakfast, brush their teeth and get dressed in the morning.

#### Set up your workspace

Help your child set up a quiet space at a desk or table where they can work.

If your child is using a computer, refer to the Learning environment checklist

#### Eating and drinking

Prepare snacks and meals outside of school hours so you and your child can grab ready-made food. Encourage your child to drink water throughout the day.

#### Take breaks

Schedule in breaks for you and your child to grab a snack or do some stretches.

Build in fun Encourage your child to take some time to be creative. Draw, play with Legos or tune into the daily NSW Education livestream .

For more ideas check out our list of activities for early learners and children in primary school.

NSW Department of Education

## Time expectation for families

### Early stage 1

Total hours per day:

**2.5 hours  
per day**

plus other activities.

#### Key focus areas – core teaching:

- **45-60 minutes** of English activities
- **30-45 minutes** of mathematics activities
- **30-60 minutes** of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology).

#### Additional learning:

- Other activities such as wellbeing, sport and physical activities, where social distancing allows.

### Stage 1

Total hours per day:

**2.5 hours  
per day**

plus other activities.

#### Key focus areas – core teaching:

- **45-60 minutes** of English activities.
- **30-45 minutes** of Mathematics activities.
- **30-60 minutes** of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology).

#### Additional learning:

- Other activities such as wellbeing, sport and physical activities, where social distancing allows.

### Stage 2

Total hours per day:

**3 hours  
per day**

plus other activities.

#### Key focus areas – core teaching:

- **45-60 minutes** of English activities.
- **30-45 minutes** of mathematics activities.
- **1-1.5 hours** of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology).

#### Additional learning:

- Other activities such as wellbeing, sport and physical activities, where social distancing allows.

### Stage 3

Total hours per day:

**3 hours  
per day**

plus other activities.

#### Key focus areas – core teaching:

- **45-60 minutes** of English activities.
- **30-45 minutes** of mathematics activities.
- **1-1.5 hours** of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology).

#### Additional learning:

- Other activities such as wellbeing, sport and physical activities, where social distancing allows.

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